



INTERNATIONAL YEAR
OF
MILLETS 2023

SAVE THE GIRL CHILD

I sleep I eat I fuck and I play
I have your sweet voice throughout the day
Innumerable joy and no sorrow to hate
Mom, how is the world outside?

I can send your love for me
I am eagerly waiting to come out and see
What is there in this worldly ride
Mom, how is the world outside?

I spent my time hearing you sing

Songs of happiness, songs of spring
I sensed your heart last night when you cried

Mom, how is the world outside?

Your heart and vibrations make me nervous

Your cry and whispers make me anxious

I whimpered I fidgeted but you never replied

Mom, how is the world outside?

Shh, they want a boy and not a girl

Boy is treated as diamond and pearl

I feel sorry, your life is short

Sweetheart, the world is sick and surfing outside!

Preeti VISHNOI - 9B

Dear Me In The Night

The black dark night,
I still remember
With wings over my mom had fight,
I still dream
That with a bright fire light,
And a high form
Men's eyes shining bright,
They killed my real best sister,
For my father's demand and other delight,
My mom was dead, with whom
I wanted, but now came as my Knight,
With a mission
In the morning day light,
By cousin Isha Ishaan,
Because at the dawn light,
They killed me, a deer
And I did remember,
The black dark night

GIRLS ARE GOLD
NOT TO BE SOLD

BHABHA

WINGS TO EMPOWER HER

SAVE GIRL

SAVE GIRL CHILD
SHOW YOUR HUMANISM



SAVE GIRL CHILD ~

let me live,
let me bloom,

Let me shine like a beautiful moon

let me come,
and no the world
let me look like a
beautiful bird
Don't be so cruel oh willful!
let me swim like a colourful fish

Listen my cry
Listen my scream

let me fulfill my wishes and dreams

let me see this beautiful earth
Please don't kill me before I take my bath

A girl brings joy
She is no less than boy

Friends are not forever
They are equal to 10 lions.

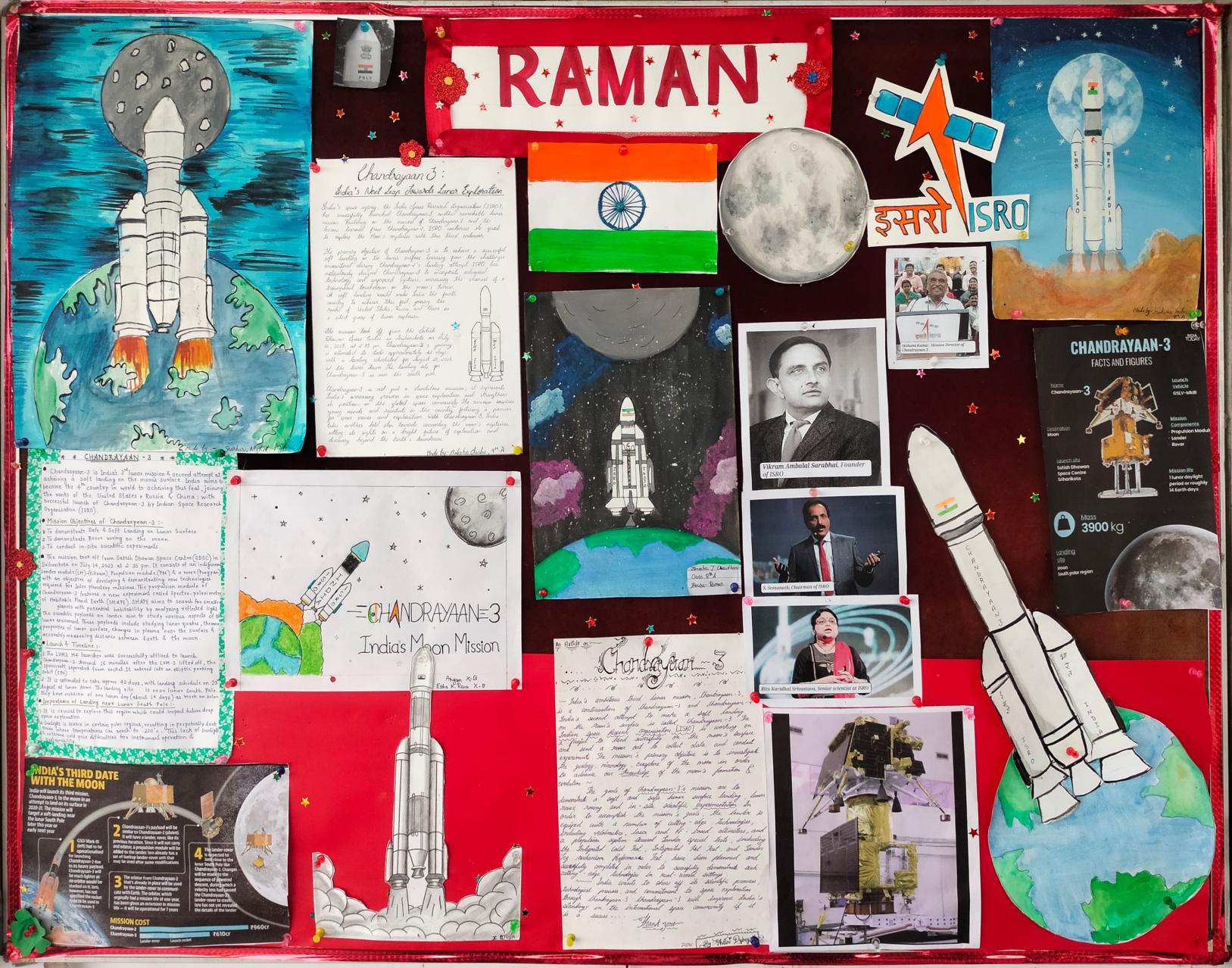
Akshara Dabholkar



SAVE THE GIRL CHILD

In the tender embrace of a mother's arms, lies a promise of hope
A dream that holds the key to a brighter tomorrow. In
the shadow of the tragedy of our past, a present that is far from
Shattered, replaced by the echoes of gender bias that
resonates with each lost opportunity. The girl child, a human
of potential and grace, finds herself entangled in a web of discrimination
that robs her of the chance to unfurl her wings and soar.

Admit this sadder factoring, a rallying cry emerges - Save the
girl child! It's a call to arms, a need for change that echoes
across land and sea, a call for the pearls of a fragile flower
to bloom without any decree, to blossom and smile, to
bear fruit with vibrant hues. By championing her cause and giving her
a voice, nurturing her aspirations, we can realize the
promise of a generation. Let us stand united, in a force that
refuses to attack injustice, a force that believes in the boundless
potential of every child. For in saving her, we save the very
essence of humanity - compassion, empathy and the unyielding
spirit to build a world where every girl can dream, achieve
and flourish."



India's Wealth: Millets for Health
2023 has been declared as International Year of Millets (IYM) by UN as a platform by which the aim is to create awareness about the health benefits of millets.

Millet
• Major Millet in India: Jowar (Sorghum), Bajra (Pearl millet) and Ragi (Cluster millet).

• Total culture area of millets found in India: 300,000 km².

• It uses ancient food grains first plants domesticated for food.

Climate conditions:
• Best growing season (60-100 days) as against 100-120 days for paddy (rice).

• Lower water requirement (300-600mm versus 1000mm).

• Can grow even in poor soil.

• It is a hardy crop.

1) Jowar 2) Bajra 3) Ragi

Name: Akashika Shinde Date: 10/4

INTERNATIONAL YEAR OF MILLETS 2023

Millets
Millets are considered an ancient grain. They are used both for human consumption, livestock and bird feed. Although all millet varieties belong to the Poaceae family, they differ in colour, appearance and species. It is also divided into two categories large and small millets.

Large millets

- Pearl Millet (Bajra)
- Finger Millet (Ragi)
- Tootai Millet (Kakum)
- Proso Millet (Chen)

Small millets

- Brown Top Millet (Korri)
- Little Millet (Moraiyo)
- Barnyard Millet (Sanwa)

Benefits:

- They are good source of minerals like iron, zinc, and calcium.
- Are gluten-free and can be consumed by disease patients.
- Improves Digestive Health.
- Cardiovascular Health.
- Millets are found to be helpful with the reduction of weight, BMI, and high blood pressure.
- Rich in Antioxidants.
- Supports Bone Health.

Babita Raygude 9/A
Date: 10/4/2023

The International Year Of Millets 2023 SARABHAI

India's Millets

1. Small millets
2. Large millets
3. Hybrid millets

Types of Millets:

- 1. Pearl Millet
- 2. Finger Millet
- 3. Barnyard Millet
- 4. Little Millet
- 5. Proso Millet
- 6. Brown Top Millet
- 7. Sanwa

Use of Millets

- 1. Small millets
- 2. Large millets
- 3. Hybrid millets

International Year of Millets

MILLETS

Millets are highly drought resistant, grow well in marginal lands and are good for soil health.

Millets may be consumed directly or after being cooked as a healthy source!

Join the millet revolution for a sustainable future.

International Year of Millets 2023

SORGHUM

SPRING MILLET

WINTER MILLET

PROSO MILLET

KORRI MILLET

LITTLE MILLET

PANNA MILLET

International Year of Millets 2023

India's Millets

102:

दूषों से जगा देवाल कला सती में लकड़ियों से की रक्त हाथ के पुराने दोहरे ढोके-ढोके उत्तर-पूर्वों परी और जाते गेहूं से वृंदा असलके गों परी देखीं सुक तथा लैंग।

धूम-धूमीं शून्य छाँगे परी की भाषा विज्ञिनों की भाषा लकड़ायी हर एक मीठी मालवत बाधाये विसरी ना कर विज्ञिनों का रहना है। उत्तर-पूर्वों, दून-पश्चिम का साकारक है।

INTERNATIONAL YEAR OF MILLETS 2023

INDIA'S MILLETS

India's Millets

Role of Millets

Small millets
A gift to us from God!

Happy farmers

- Can grow in harsh environment.
- Less production cost.
- Included other nutritious food crops.
- Provides quality protein.

Healthy environment

- Enrichment of bio-diversity.
- Recover your health with goodness of millets.
- A sustainable production and a sustainable choice!

Millets are healthy and nutritious for our Health

- Give chemical free food.
- Preservative & Quarantine free.
- Source for millets with a delicious taste and a healthy you!

Made by: _____

International Year of Millets 2023

International Year of Millets 2023 was officially declared on 22nd June 2022 by the International Year of Millets, the 193 member states General Assembly adopted a resolution sponsored by India by over 10 nations declaring 2023 as International Year of Millets.

About Millets

- Major millets in India: JOWAR, BAJRA
- Earliest evidence found in millets found in India - 5000 BC.
- It was ancient food grains first plants domesticated for food.
- India, Nigeria, and China are the largest producers of millets in the world according for more than 35% of global production.
- Using millet in our diet contributes significantly to combat food waste for more than half a billion people across RICA and AFRICA.
- In India, millets are primarily a cereal crop, including local varieties and upland tropical millets often called finger millets.

Done By: _____ Date: 22/6/2023