

Sports & Games (Physical Education) Schedule for 2017-18

SPORTS ACTIVITIES FOR PRE-PREP AND PREP

Group	Pre-Prep All sections	Prep All sections
Event 1	50 meters dash (Sprint)	50 meters - dash (Sprint)
Event 2	Sorting by Color (Time bound)	25 meters - Potato race
Event 3	Threading Beads (Time bound)	25 meters - Pack and go
Event 4	Shopping for mother	25 meters - Balancing the ring

SPORTS SCHEDULE FOR PRIMARY SECTION

Group	Primary- 1 st 3 rd Std.	Primary - 4 th 5 th Std.
Event 1	50 meters - Sprint	75meters Sprint
Event 2	30meters - Double -leg jump	50meters - Single - leg hopping
Event 3	30meters - Ring race	50meters - Indian club race
Event 4	30meters - Backward race	50meters - Zigzag race

SPORTS SCHEDULE FOR SECONDARY, INTERMEDIATE, AND HIGHER SECONDARY SECTIONS

INTRAMURALS:

Also known as **Inter-House Competitions** are conducted in six different sports and games in four categories, i.e., Senior Boys, Senior Girls, Junior Boys and Junior Girls. A student can participate in Athletics - Track and Field (Individual Events) Two Track Events and Three Field events (vice-versa) Total 5 events, and in games (Group Events) any three group events including relays.

1. Table Tennis in the month of June, 2017. Day and dates will be announced later.

Table Tennis matches will be conducted as a team game. Maximum no. of players 05, game rules. Best of 3 with singles, doubles & reverse singles for each match: 11 points.

2. Badminton in the month of July 2017. Day and dates will be announced later.

Badminton matches will be conducted as a team game. Maximum no. of players 05, game rules: best of 3 with singles, doubles & reverse singles for each match: 11 points

3. Football in the month of July 2017. Day and dates will be announced later. Foot Ball matches will be conducted with match duration of 20 minutes (10-5-10) with 5min. break and maximum no. of players 12 in each team.

4. Basketball in the month of August 2017. Day and dates will be announced later. Basket Ball matches will be conducted with match time: total duration of 20 minutes (10-5-10) with 5min. break maximum no. of players 12 in each team.

5. Volleyball in the month of August 2017. Day and dates will be announced later. Volley Ball matches will be conducted in Best of 3 marches with 15 Points each match, maximum no. of players : 12 players.

